

SVR COVID POLICIES

*All attending practice (athletes, coaches, and parents/guardians) MUST wear face masks that cover their mouth and nose at all times.

- Double-layer masks consisting of quality woven materials are strongly encouraged. BlackStrap double layer neckwarmers are recommended, and will be available for purchase in the ski shop.
- Masks with plastic release valves or holes in the mouth/nose area are prohibited. Polarfleece and single-layer masks are not recommended as they appear to offer less protection than double-layer masks due to the number of particles that they let through.

*Coaches will discourage physical contact and encourage a 6-10 foot distance between athletes at all times. Please remember, however, that we will be moving all over the hill as we ski, and it is highly likely that children (especially younger children) will come within the recommended 6-10 foot distance of each other.

*We will plan to work in smaller groups this season, and each group will have a designated coach and meeting spot. Coaches will do our best to maintain distance and discourage mixing between groups.

*Coaches are unable to supervise or assist with chairlift loading of athletes. If your child requires help in loading/unloading, parents/guardians must be available to provide that help. We will encourage racers to ride the chairlift alone or with siblings, but cannot always monitor chairlift partners. Parents who are concerned about their child's behavior on the chairlift should attend practice to monitor their child's chairlift behavior.

*Parents on the hill should model appropriate mask-wearing behavior, as well as politely remind racers to pull masks up when necessary. Parents can also help coaching staff by maintaining a 6-10 foot distance from coaches/racers.

*It is strongly recommended that racers avoid congregating in indoor areas. Families may want to consider booting up at home or in their vehicles. When this is not possible, racers should use the JDT room in the lower lodge.

- Masks covering the nose and mouth must be worn at all times in the JDT room.
- Families are responsible for cleaning up after themselves.
- Families should maintain 6 foot distance from each other. Signs will be posted to encourage proper distancing.

- Hand sanitizer and cleaning wipes will be available for use in the JDT room. Room will be cleaned and sanitized according to Swiss Valley Cleaning protocols.
- Minors must not be left unattended in the JDT room.

*Athletes who are exhibiting COVID symptoms, are running a temperature, or are under direction to quarantine due to close contact MUST NOT attend practice. Athletes should not come back to practice until they have completed the quarantine protocol described by their physician or the CDC. If you have questions about when it is appropriate to come back to practice, please talk to coach Jen.

*If your athlete or a member of your family tests positive for COVID, please notify coach Jen immediately. It is possible that coaches or team members will be considered “close contact” (i.e., within 6 ft for a total of 15 min in a 24 hr period) and will need to be tested or quarantined. Athletes should not come back to practice until they have completed the quarantine protocol described by their physician or the CDC. If you have questions about when it is appropriate to come back to practice, please talk to coach Jen.